Neurogenesis at the Brain–Cerebrospinal Fluid Interface

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Abstract
Cerebral cortical progenitor cells can be classified into several different types, and each progenitor type integrates cell-intrinsic and cell-extrinsic cues to regulate neurogenesis. On one hand, cell-intrinsic mechanisms that depend upon appropriate apical-basal polarity are established by adherens junctions and apical complex proteins and are particularly important in progenitors with apical processes contacting the lateral ventricle. The apical protein complexes themselves are concentrated at the ventricular surface, and apical complex proteins regulate mitotic spindle orientation and cell fate. On the other hand, remarkably little is known about how cell-extrinsic cues signal to progenitors and couple with cell-intrinsic mechanisms to instruct neurogenesis. Recent research shows that the cerebrospinal fluid, which contacts apical progenitors at the ventricular surface and bathes the apical complex of these cells, provides growth- and survival-promoting cues for neural progenitor cells in developing and adult brain. This review addresses how the apical-basal polarity of progenitor cells regulates cell fate and allows progenitors to sample diffusible signals distributed by the cerebrospinal fluid. We also review several classes of signaling factors that the cerebrospinal fluid distributes to the developing brain to instruct neurogenesis.
INTRODUCTION

The complexity of the human brain is due in part to the flexibility of fundamental processes that govern neural progenitor proliferation (Rakic 2009). The challenge that evolution faced, and has solved so elegantly, is to provide developmental mechanisms that vary the size of the cortex phylogenetically while ensuring that changes in cortical size still provide a functionally integrated structure. The solution involves separating proliferating cells from postmitotic neurons. The proliferating cells control cortical size, whereas independent mechanisms control the functional architecture of the cortex. The flexibility in the control of cortical size and architecture seems to be provided in part by the presence of multiple types of neural progenitor cells (Figure 1; Angevine et al. 1970, Fietz & Huttner 2011, Kriegstein & Alvarez-Buylla 2009), whose patterns of cell division and cell specification are also controlled in interacting, but partially separable, ways. Although our understanding of the mechanisms underlying mammalian cerebral cortical development has certainly benefited from studies in lower vertebrates and invertebrates, humans have also proven to be a robust genetic system for the identification of key genes underlying cortical neurogenesis, many of which subserve the mitotic spindle. The mechanisms underlying the action of these microcephaly genes have been the subject of several recent reviews (Manzini
Neural progenitor cells in the developing mammalian cerebral cortex. Cerebral cortical progenitor cells divide in three principal locations in the developing mammalian brain: the apical ventricular zone (VZ), the inner subventricular zone (SVZ), and the outer subventricular zone (OSVZ). Progenitors in the apical progenitor pool can be divided into two main types of progenitor cells: neuroepithelial cells and radial glial cells. The progenitors in the SVZ constitute the basal progenitor cell pool as well as the most recently discovered class of progenitors, the radial-type progenitors that lie in the OSVZ, which have radial morphology with a long basal process but lack the apical process contacting the ventricle. They are more apparent in mammals with larger brains but are seen in mice as well (Fietz et al. 2010, Hansen et al. 2010, Reillo et al. 2011, Wang et al. 2011). Coronal image of human fetal brain reproduced and adapted from O’Rahilly & Müller (1994), copyright © 1994, Wiley-Liss, Inc.

PROLIFERATIVE ELEMENTS IN THE DEVELOPING CEREBRAL CORTEX

The cell bodies of apical progenitors lie adjacent to the ventricular surface, which is also defined as the apical surface. These apical progenitors include the initial population of neuroepithelial progenitors that compose the early neuroepithelium as well as later-appearing radial glial cells. Apical progenitors share many features with other epithelial cells, such as apical-basal polarity and side-to-side contacts with neighboring cells via adherens junctions. Neuroepithelial and radial glial cell processes generally extend from the apical ventricular surface to the basal lamina at the pial surface, although a population of short apical neural precursors with basal processes of more variable length have also been described in the ventricular zone (VZ) (Gal et al. 2006, Stancik et al. 2010). As apical progenitors proliferate, the single-cell-thick neuroepithelium rapidly adopts a pseudostratified structure. Apical progenitors undergo interkinetic nuclear migration, which involves the apical-basal migration of their nuclei within the pseudo-stratified VZ during the cell cycle; the cells undergo mitosis only at the apical ventricular surface (Kriegstein & Alvarez-Buylla 2009, Taverna & Huttner 2010). Neuroepithelial progenitors tend to divide symmetrically to
generate pairs of daughter cells with progenitor cell fate early in development, although some early neurons or intermediate progenitors may be generated as well (Haubensak et al. 2004; Noctor et al. 2004, 2007). During peak neurogenesis, radial glial progenitors favor asymmetric cell division, which leads to pairs of daughter cells with distinct progenitor or early neuronal cell fate (Kriegstein & Alvarez-Buylla 2009). Because symmetric cell divisions producing two proliferative daughter cells provide exponential expansion of cerebral cortical cell numbers (1, 2, 4, 8, 16, 32 ...), the symmetry of division of apical progenitors is a crucial control on ultimate cerebral cortical size.

Basal progenitors [also called intermediate progenitors, subventricular zone (SVZ) progenitors, or nonsurface progenitors] are defined by their lack of prominent apical or basal processes and their location relatively basal to the apical surface. Basal progenitors are derived from apical progenitors, but they localize their nuclei in the SVZ and divide almost exclusively in a symmetric fashion to generate pairs of postmitotic daughter neurons (Kriegstein et al. 2006, Martinez-Cerdeno et al. 2006, Noctor et al. 2008, Pontious et al. 2008). As cortical progenitor cells transition from apical and basal progenitors to postmitotic neurons, they sequentially express molecular markers defining their identity including Pax6 (apical progenitors), Tbr2 (basal progenitors), and Tbr1 (neurons) (Englund et al. 2005, Kawaguchi et al. 2008). However, more complex transcriptional profiles have been proposed to underlie these transitions as well (Kawaguchi et al. 2008).

Recently, a third general type of progenitor has been identified that has a modified radial morphology but localizes to the SVZ. These outer SVZ (OSVZ) progenitors appear to be present in all mammals to varying extents but are enriched in mammals with larger cerebral cortices, in which an expanded OSVZ appears during mid-gestation, coinciding with the onset of neurogenesis (Fietz et al. 2010, Hansen et al. 2010, Reillo et al. 2011, Shitamukai et al. 2011, Smart et al. 2002, Wang et al. 2011). The OSVZ progenitors show radial morphology and express classic markers of radial glial progenitor cells including Pax6, phospho-vimentin, GFAP (glial fibrillary acidic protein), and BLBP (brain lipid-binding protein), which distinguishes them from typical basal progenitors. OSVZ progenitors appear to have random planes of cleavage and, like apical progenitors, can undergo proliferative and self-renewing cell divisions or can divide asymmetrically to generate an apical daughter as well as an intermediate progenitor (Fietz et al. 2010, Hansen et al. 2010, Reillo et al. 2011). Although OSVZ progenitors do not extend apical processes to the VZ, they retain their basal processes throughout mitosis (Fietz et al. 2010, Hansen et al. 2010).

This review focuses mainly on the control of cell proliferation in the apical progenitors, because the ultimate size of the cerebral cortex, both developmentally and evolutionarily, is so dependent upon even small changes in apical progenitor proliferation. Recent research on the control of proliferation of these cells has focused on the role of cytoplasmic proteins [Notch, Numb, β-catenin, and Par3/Par6/aPKC (atypical protein kinase C)] and short-acting signaling pathways (e.g., Wnt, Delta, Jagged). In addition, we survey recent work that suggests that the apical complex also integrates cell-extrinsic cues carried in the cerebrospinal fluid (CSF), some derived from extremely distant sources, that may provide global, age-related controls over neural proliferation.

**ESTABLISHING PROGENITOR CELL POLARITY**

Apical cortical progenitor cells are highly polarized; their apical membranes form the ventricular surface of the developing brain, facing the lumen of the lateral ventricle that is filled with CSF, whereas their basal processes reach all the way to the outer, pial surface of the developing brain (Chenn et al. 1998, Mission et al. 1991, Takahashi et al. 1990). Apical-basal polarity is established and maintained in part
by adherens junctions, which are ring-like, cadherin-containing contacts located between cells that regulate calcium-dependent cell-cell adhesion (Aaku-Saraste et al. 1997, Gotz & Huttner 2005, Harris & Tepass 2010, Stoykova et al. 1997). Cadherins connect to the catenins, including β-catenin and α-catenin, and together they regulate actin filament dynamics. In this manner, adherens junctions asymmetrically distribute proteins in progenitor cells while also anchoring the apical endfeet of adjacent radial glial cells to the ventricular surface (Figure 2).

The distinctive polarity of cortical progenitor cells invites comparison with similar polarized protein distributions in other cell division processes. In particular, genetic control of asymmetric cell divisions has been extensively studied in the Caenorhabditis elegans zygote and Drosophila larval neuroblasts. In the asymmetric cell divisions of the Drosophila neuroblast, an apical protein complex consisting of the Par3/Par6/aPKC proteins is distributed in a highly polarized fashion. Some of these asymmetrically expressed proteins, including Par3/Bazooka as well as Bazooka-interacting proteins Pins and Inscuteable, then serve to orient the mitotic spindle; this orientation specifies whether daughter cells inherit similar complements of cytoplasmic determinants (in which case the daughters tend to adopt similar cell fates, a symmetric cell division), or inherit dissimilar complements of proteins and adopt distinct (asymmetric) fates (Siller & Doe 2009). Principal among the cytoplasmic regulators of cell fate is the Numb protein, which negatively regulates the neurogenic gene, Notch. Inheritance of Numb tends to cause cells to adopt a more differentiated fate, whereas absence of Numb causes cells to remain neuroblasts (Rhyu et al. 1994, Wirtz-Peitz et al. 2008). Thus, the mechanism of asymmetric cell division in these systems requires cytoplasmic regulators of cell fate and controlled orientation of the mitotic spindle in relationship to these cytoplasmic proteins (Siller & Doe 2009, Tajbakhsh et al. 2009). Although mammalian cerebral cortical progenitor cells express many orthologous proteins with similar effects on proliferation and cortical size, in strikingly asymmetric patterns, a major unanswered question involves the extent to which orientation of the mitotic spindle specifies inheritance of these cytoplasmic determinants.

**ADHERENS JUNCTIONS IN NEURAL PROGENITOR CELLS**

Proteins associated with adherens junctions in the developing cerebral cortex have been well documented to regulate progenitor cell pool and brain size (Bilder et al. 2000, Chae et al. 2004, Chenn & McConnell 1995, Chenn &
Walsh 2002, Junghans et al. 2005, Kim et al. 2010, Lien et al. 2006, Machon et al. 2003). One challenge with these types of studies is that the integrity of neuroepithelial architecture is so intimately linked to progenitor proliferation. On the one hand, for example, disruption of adherens junctions via genetic deletion of α-E-catenin in cortical progenitor cells leads to an activation of Sonic hedgehog (Shh) signaling associated with accelerated cell cycle progression and decreased apoptosis, which together lead to hyperplasia (Lien et al. 2006). On the other hand, focal reduction of α-E-catenin expression in a wild-type background promotes premature exit from the cell cycle and a decrease in β-catenin signaling (Stocker & Chenn 2009). β-catenin also has dual roles in progenitors as an integral component of adherens junctions as well as a transcriptional coactivator that interacts with the TCF/LEF family of transcription factors to transduce Wnt signals (Clevers 2006). Overexpression of a truncated, and hence activated, β-catenin expands the progenitor cell pool by limiting cell cycle exit (Chenn & Walsh 2002, Machon et al. 2007, Wrobel et al. 2007). This increased β-catenin activity considerably expands brain size in the lateral direction, leading to the generation of additional folds in the cortex (Chenn & Walsh 2002). Cortical thickness is markedly reduced in these brains, which suggests that β-catenin overexpression leads, in effect, to an exchange of neurons for progenitors. Interestingly, β-catenin expression is developmentally regulated such that β-catenin signaling decreases in the progenitor pool during development (Mutch et al. 2009). Consistent with the inside-out model of cortical development in which the earliest neurons form the deepest cortical layers, higher β-catenin activity favors the generation of deep-layer neurons, whereas lower β-catenin activity favors the development of upper layer neurons (Mutch et al. 2009, Wrobel et al. 2007). Reintroduction of β-catenin signaling in neural progenitors during mid-neurogenesis at a time when more upper layer neurons are typically generated can partially extend deep-layer neuron production (Mutch et al. 2009). Although radial glial progenitors appear to use β-catenin as a mechanism for retaining apical progenitor cell fate (Hirabayashi et al. 2004, Mutch et al. 2010, Woodhead et al. 2006, Zhang et al. 2010), its activity is also tightly regulated in intermediate progenitors (Kuwahara et al. 2010, Munji et al. 2011).

**APICAL COMPLEX PROTEINS, NUMB/NUMBL, AND NOTCH SIGNALING IN PROGENITOR CELLS**

Adherens junctions also serve as docking sites for the proteins of the apical complex, also known as the Par protein complex in invertebrates (Manabe et al. 2002). Highly conserved across species, the Par proteins have a well-established role in determining polarity and cell division (Jan & Jan 2001, Kemphues et al. 1988, Knoblach 2008, Siller & Doe 2009, Wodarz 2005). The mammalian apical complexes assemble as Par3/Par6/aPKC, Crb/Pals1/Patj, and Mals/Pals1 (Margolis & Borg 2005). Perhaps the best understood of these, the Par3/Par6/aPKC complex, is assembled by the PDZ-containing scaffold Par3, which then recruits Par6, a CRIB (Cdc42/Rac interactive binding) and PDZ domain–containing protein that inhibits aPKC activity. When bound to Cdc42 or Rac1, Par6 no longer inhibits aPKC, allowing aPKC to phosphorylate downstream target proteins, which leads to their selective exclusion from the apical domain of the progenitor (Siller & Doe 2009).

Several apical complex proteins, including Par3, Par6, and Pals1 (Protein associated with Lin7, a member of the MAGUK (membrane-associated guanylate kinase) family of scaffolding proteins (Kamberov et al. 2000)), have been shown to regulate proliferation and cell fate of apical progenitors when overexpressed or interfered with in mammals, suggesting that the pattern of apical complex inheritance helps define symmetric or asymmetric cell divisions, although this is not completely settled (Bultje et al. 2009, Costa et al. 2008, Kim et al. 2010,
Manabe et al. 2002, Srinivasan et al. 2008). For example, the OSVZ radial progenitors show asymmetrical cell divisions but seem not to express the apical complex proteins at all, which suggests that the apical complex may not be universally required for asymmetrical cell divisions or all radial progenitors. Nonetheless, in apical progenitors, many apical complex proteins localize strikingly along the apical ventricular surface, and a daughter cell that inherits more apical surface from the mother cell (Kosodo et al. 2004, Noctor et al. 2008), including Par3/aPKC (Marthiens & ffrench-Constant 2009) or Pals1 (Kim et al. 2010), appears more likely to remain a progenitor cell (Figure 2). Similarly in chicks, aPKCζ/λ is associated with the apical surface of neural precursors in the developing chick neural tube (Ghosh et al. 2008). Thus, apical complex proteins regulate progenitor proliferation and cell fate in the developing apical progenitors of the mammalian brain.

In invertebrates, the apical complex regulates the distribution of a protein called Numb, which regulates neuronal cell fate, and genetic studies in vertebrates have uncovered many roles for the Numb orthologs Numb and Numb-like (Numb/Numbl) in neurogenesis (Bultje et al. 2009; Li et al. 2003; Nishimura & Kaibuchi 2007; Petersen et al. 2002, 2004; Rasin et al. 2007; Shen et al. 2002; Tajbakhsh et al. 2009). In mammalian neural progenitors, Numb/Numbl localize to the basolateral regions of progenitor endfeet in the VZ (Rasin et al. 2007). Numb/Numbl are required for continued cell division during development, as their deletion in the developing brain leads to premature exit from the cell cycle and disrupts cortical development, which leads to a disruption of adherens junctions (Rasin et al. 2007). Numb is an endocytic adaptor protein known to regulate Notch endocytosis (Berdnik et al. 2002), to associate directly with recycling endosomes, and to be regulated by the Golgi complex adapter protein ACBD3 (Zhou et al. 2007). Thus, Numb may play an important role in trafficking adherens junction components.

Numb is phosphorylated in a Par3/Par6/aPKC-dependent manner (Klezovitch et al. 2004, Nishimura & Kaibuchi 2007, Smith et al. 2007), and these apical complex proteins are essential for self-renewal of neural progenitors in the developing mammalian cortex. Knockdown and overexpression studies of Par3 and Par6 promote premature differentiation and excessive cell division, respectively (Costa et al. 2008). Trafficking of Par3 and Par6 is regulated by Cdc42, a Rho GTPase family member, so that conditional removal of Cdc42 leads to loss of adherens junctions and misdirects mitotic progenitors basally, away from the apical surface (Cappello et al. 2006). Although these newly relocated progenitors continue to cycle, they do so with an increase in basal progenitor cell fate.

Recent work suggests that Par3 is segregated asymmetrically in some mammalian cortical progenitor cells and serves as a cell-autonomous regulator of Notch signaling (Bultje et al. 2009, Manabe et al. 2002). Par3 is dynamically localized in progenitors; it associates with the lateral membrane domain of ventricular endfeet during interphase and then disperses as the cell cycle progresses. Asymmetric Par3 expression during the cell cycle leads to asymmetric Par3 segregation in daughter cells, which promotes differential Notch signaling via Numb/Numbl that drives distinct cell fate in daughter cells. Ultimately, the daughter cell with greater Notch signaling remains a radial glial progenitor, whereas the cell with lesser Notch activity adopts neuronal or intermediate progenitor cell fate (Bultje et al. 2009). The degree to which Notch signaling may also influence the inheritance of the basal process will be interesting to examine. Quantification of the cell fate of...
dividing progenitors recently revealed that inheritance of both apical and basal processes by a progenitor cell may be essential for maintaining its apical progenitor identity (Konno et al. 2008), but the signaling proteins present in the basal process that might regulate this effect are not known.

The asymmetric distribution of Notch by Par3 adds an interesting mechanistic twist to the Notch literature, as Notch is already well known for maintaining the neural stem cell pool during mammalian neurogenesis (Chenn & McConnell 1995, Gaiano et al. 2000, Imayoshi et al. 2010, Mizutani & Saito 2005, Mizutani et al. 2007, Tajbakhsh et al. 2009). Notch activity maintains progenitor proliferation, and its removal promotes the generation of upper layer neurons. Thus, although progenitors retain competence to generate neurons, they lose the ability to generate lower-layer-fated cells, which essentially are skipped (Mizutani & Saito 2005). Importantly, Notch selectively promotes neural stem cell fate through activation of the canonical Notch effector C-promoter binding factor 1 (CBF1), which is attenuated in intermediate progenitor cells. Although decreased CBF1 activity converts neural stem cells to intermediate progenitors, the converse experiment in which CBF1 is artificially activated in intermediate progenitors fails to revert cell fate, which indicates that Notch signaling plays a key role in specifying the lineage commitment of prospective neurons (Mizutani et al. 2007).

Oscillations in Notch activity via Hes1, which modulate expression of proneural genes including Ngn2 and Dll1, Notch ligands, and cell cycle regulators, have also been suggested to promote neural maintenance (Hirata et al. 2002, Shimojo et al. 2008). Notch was also recently shown to play a dual role in the maintenance of apical mitoses and apical-basal polarity via interactions with the Crumbs/Moe apical complex in zebrafish neuroepithelial cells (Ohata et al. 2011).

Surprisingly, deletion of aPKCα in mice at E15, midway through neurogenesis, does not clearly affect cell fate decisions in a manner comparable with its role in invertebrates (Imai et al. 2006). In addition, mouse Lgl1 (Lethal giant larva 1) mutants exhibited hyperproliferation of progenitors in the brain in conjunction with Numb mislocalization (Klezovitch et al. 2004). Therefore, the role of apical complex proteins in progenitors likely extends well beyond the regulation of proliferation and cell fate to other biological functions as well.

**POTENTIAL ROLES OF APICAL COMPLEX PROTEINS IN CELL SURVIVAL**

Recent evidence indicates that the apical complex is essential for survival of neural progenitors and newly differentiated neurons. Conditional deletion of the apical complex protein Pals1 in progenitor cells not only causes the expected premature withdrawal from the cell cycle that is coupled with excessive generation of early born postmitotic neurons, but is also followed by the rapid death of these newly generated neurons (Kim et al. 2010). Together, these two effects lead to the abrogation of essentially the entire cerebral cortex. Loss of Pals1 blocks essential cell survival signals, including the mammalian target of rapamycin (mTOR) pathway, such that concomitant mTORC1 activation via conditional Tsc2 deletion partially restores the Pals1 deficiency (Kim et al. 2010).

The Pals1 cell death phenotype reveals a previously unidentified role for the apical complex in promoting survival during the transition from progenitor to neuron. Intriguingly, this is akin to conditional deletion of Notch1 and Notch3, which also result in a profound death of neural progenitors and newly differentiating neurons (Mason et al. 2006). Although the exact mechanism underlying the Notch phenotypes remains unclear, Notch-dependent survival in the developing brain is thought to occur by a Hes-independent mechanism (Mason et al. 2006). The shared phenotype between Pals1 and Notch conditional mutants...
suggests that *Pals1* and *Notch* may either signal in the same pathway or converge on a shared set of targets to regulate survival of newly differentiated neurons.

**POTENTIAL ROLES OF APICAL COMPLEX PROTEINS IN GROWTH FACTOR SIGNALING**

The prominent cell death phenotype of the *Pals1* mutants, and the finding that upregulation of mTOR signaling partially restores the phenotype, suggests that growth factor signaling pathways are disrupted in apical complex mutants (Kim et al. 2010). Growth factor signaling, especially via the type 1 insulin-like growth factor (IGF1R), mediates powerful, age-dependent effects on the development and maintenance of many organ systems, including the brain, through the regulation of progenitor cell division (Baker et al. 1993, Hodge et al. 2004, Liu et al. 2009, Popken et al. 2004, Randhawa & Cohen 2005), but the mechanisms coordinating the availability of IGF ligands to cortical progenitors have remained unclear. Interestingly, growth factor receptors including IGF1R (Lehtinen et al. 2011) and epidermal growth factor receptor (EGFR) (Sun et al. 2005), as well as phosphotyrosine (Chenn et al. 1998) and phospho-ERK1/2 (extracellular-signal-regulated kinase 1/2) (Toyoda et al. 2010), have enriched expression along the apical ventricular surface of progenitors. Could the apical-basal polarity of progenitors ensure the apical localization of receptors for sampling cell-extrinsic growth factors emanating from the CSF?

A direct interaction between Par3 and Pten (phosphatase and tensin homolog) (Feng et al. 2008, Pinal et al. 2006, von Stein et al. 2005, Wu et al. 2007) also suggests that the apical complex interacts with growth factor signaling pathways. Disrupting the apical complex via *Pals1* deletion in progenitors abolishes the apical enrichment of IGF1R and attenuates growth factor signaling assessed by pS6 activity (Lehtinen et al. 2011). Consistent with a genetic interaction between the apical complex and growth factor signaling, artificial activation of growth factor signaling by conditional deletion of *Pten* in *Pals1* heterozygous progenitor cells largely restores brain size, owing in part to an expansion of the IGF1R signaling domain, which partly restores the proportions of proliferating apical progenitor cells (Lehtinen et al. 2011). IGF1 is thought to promote S-phase commitment of apical progenitors via PI3K (phosphatidylinositol 3-kinase) signaling (Mairet-Coello et al. 2009). Thus, it will be important to determine the nature of the biochemical interaction between the apical complex and Pten. The disruption of IGF1R localization in *Pals1* conditional mutants is similar to that of *C. elegans* LIN-2A, mutation of which disrupts the LET-23 (EGF) receptor and blocks its appropriate cellular localization and signaling (Hoskins et al. 1996, Simske et al. 1996).

**EXTRINSIC REGULATION OF NEUROGENESIS AT THE APICAL MEMBRANE**

How might the apical ventricular surface receive extrinsic growth factors? In addition to bathing their apical domains in CSF, progenitor cells extend primary cilia directly into it (Cohen et al. 1988, Dubreuil et al. 2007, Han & Alvarez-Buylla 2010, Hinds & Ruffett 1971). Cilia transduce extracellular signals to the cell body, as has been well established for Shh (Han & Alvarez-Buylla 2010, Han et al. 2008, Rohatgi et al. 2007). Although the details of cilia-dependent signaling are not fully understood, primary cilia are critical for normal brain patterning and development (Breunig et al. 2008, Chizhikov et al. 2007, Gorivodsky et al. 2009, Spassky et al. 2008, Stottmann et al. 2009, Willaredt et al. 2008, Loui & Grove 2011). While vascular sources of secreted proliferative signals are well characterized (Palmer et al. 2000; Shen et al. 2004, 2008; Tavazoie et al. 2008), the apical surfaces of early cortical precursors and their primary cilia directly contact the CSF but not the vasculature (Cohen et al. 1988, Lehtinen et al. 2011). The location of cilia and their immersion in the CSF suggest that
the CSF may distribute and synchronize signals regulating neurogenesis, potentially over long distances because the CSF represents a large fluid space without known barriers to diffusion. These possibilities have recently spurred interest in the growth-promoting features of the CSF and the dynamic regulation of the CSF proteome during the period of neurogenesis.

Several studies have investigated potential developmental roles for the CSF beyond provision of a fluid cushion for the central nervous system (CNS) and maintenance of extracellular ionic balance (Dziegielewski et al. 1981, Parada et al. 2005a, Zappaterra et al. 2007). In the developing chick brain, CSF facilitates the retention of midbrain markers including Otx2 and Fgf8 (Parada et al. 2005b), and CSF-fibroblast growth factor 2 (FGF2) promotes precursor proliferation (Martin et al. 2006). In the mouse cerebellum, CSF-distributed Shh has been suggested to stimulate proliferation of cerebellar granule neuron precursors (Huang et al. 2010). Most recently, the embryonic CSF, and in particular CSF-IGF2, was found to provide essential growth- and survival-promoting factors for the developing rodent cortex (Lehtinen et al. 2011). These and other studies support the model that the CSF contains a large and dynamic library of proteins that may instruct many aspects of neuronal development.

### THE CEREBROSPINAL FLUID DURING TIMES OF NEUROGENESIS

The study of CSF dates back to the Greeks, who provided the first account of fluid in the brain (reviewed in Tascioglu & Tascioglu 2005). Galen of Pergamon proposed that the cerebral fluid provided energy for the entire body, but it was the work of Leonardo da Vinci and Andreas Vesalius during the Renaissance that produced the first accurate models of the mammalian cerebroventricular system. Surprisingly, although the Greeks had originally described a fluid within the ventricles, few accounts of CSF had been actually been made since that time. CSF was finally documented in the 1700s, but not until the early twentieth century did Harvey Cushing observe secretion of CSF by the choroid plexus (Cushing 1914).

The primitive cerebroventricular system emerges at neural tube closure, occurring at embryonic day (E)8.5–9 during mouse development, at which point the amniotic fluid trapped in the neural tube serves as the developing brain’s initial CSF (Lowery & Sive 2009). The surrounding neuroepithelium initially secretes additional factors into the CSF and helps to maintain ventricular pressure. The choroid plexus tissues, which actively generate CSF in the mature brain, develop over the course of the following several days to form modified ependyma that project into the brain’s ventricles (Zheng & Chodobski 2005). The choroid plexus develops sequentially in each ventricle in the brain such that the hindbrain/fourth ventricle choroid plexus develops first (mouse E11–12) and is quickly followed by the lateral ventricle choroid plexi (E11–12); the mesencephalic/third ventricle choroid plexus is the last to develop, by E14.5 (Zheng & Chodobski 2005). In the human embryo the choroid plexus begins to develop in the fourth and lateral ventricles at Carnegie stage (CS) 18–19, approximately 44 days postovulation (O’Rahilly & Muller 1994). The first appearance of cerebral cortical neurons in the human embryo occurs at CS21, shortly following the appearance of the choroid plexus and the production of CSF (O’Rahilly & Muller 1994), and a similar temporal sequence is observed in several species including mice and rats (Figure 3). Thus, the secretory choroid plexus of the lateral ventricles ultimately derives from the roof plate of the forebrain, which is the known source of many key secreted patterning factors, including many bone morphogenic proteins (Bmps), Wnt proteins, and FGF8 and other FGF family members (Currel et al. 2005, Grove & Fukuchi-Shimogori 2003).

Early interest in CSF regulation of brain development focused more on its role in transmitting pressure to the brain than on specific CSF constituent proteins (Desmond & Jacobson 1977, Lowery & Sive 2009, Pexieder & Jelinek
Figure 3

Cerebrospinal fluid (CSF) flow during embryonic brain development and in adulthood. Schematics of the cerebroventricular system during early human brain development and in the mature adult brain. (a) Upon anterior neural tube closure, the three primary brain vesicles [telencephalic (T), mesencephalic (M), and rhombencephalic (R) vesicles] serve as the rudimentary cerebroventricular system for the developing central nervous system (CNS). Human Carnegie stage (CS) 11 corresponds to approximately embryonic day (E)8.5–9.75 during mouse embryogenesis, and CS13–15 corresponds to approximately E10–11.25. Drawings based on Lowery & Sive 2009. (b) In the mature CNS, CSF generated primarily by the choroid plexus tissues located in each ventricle in the brain fills the ventricles, subarachnoid space, and spinal canal. CSF flows from the lateral ventricles via the foramen of Monro/intraventricular foramen into the mesencephalic/third ventricle, and then via the aqueduct of Sylvius/cerebral aqueduct into the hindbrain/fourth ventricle. The CSF then continues through the foramina of Magendie/median apertures and Luschka/lateral apertures into the spinal canal and subarachnoid space, and is finally resorbed into the venous system via arachnoid villi. An adult human circulates approximately 150 ml of CSF within the cerebroventricular system. The CSF is estimated to turn over approximately three to four times per day, so a healthy CNS produces close to 500 ml of CSF daily.
1970). For example, artificially disrupting the cerebroventricular system by draining CSF from chick ventricles by intubation decreases intraventricular pressure and globally affects brain size (Desmond & Jacobson 1977). Conversely, increased ventricular pressure may lead to increases in mitotic density (Desmond et al. 2005). Important, however, are observations from naturally occurring rodent models of hydrocephalus, a condition in which ventricles contain excess CSF (Mashayekhi et al. 2002). In these animals, early onset hydrocephalus leads to enlarged, dome-shaped heads and ataxia. Cell-based investigations with CSF obtained from the hydrocephalic Texas rat have found that hydrocephalus-associated CSF inhibits cell division in vitro (Mashayekhi et al. 2002, Owen-Lynch et al. 2003), which suggests that the CSF either accumulates signals that specifically interfere with normal cell proliferation or lacks the necessary proliferation-inducing signals.

The large literature regarding CSF is home to many hypotheses about potentially active roles for the CSF in the CNS (Zheng & Chodobski 2005), including relaying the body’s satiety levels (Martin et al. 1973) and maintaining circadian rhythms (Silver et al. 1996). However, the first compelling evidence that spatial gradients of CSF factors actively guide cell behavior came from an elegant study investigating the biological consequences of CSF flow generated by the beating cilia of the ependymal cells that line the adult ventricles (but are absent in the developing brain) (Sawamoto et al. 2006). The pattern of CSF flow and the migration of neuroblasts destined for the olfactory bulb were strikingly similar, an effect that was disrupted in mouse ciliary mutants with defective ciliary beating and CSF flow (Sawamoto et al. 2006). It had previously been suggested that the choroid plexus provides Slit chemorepellent activity in the developing and adult brain, possibly to induce neuronal migration from the ventricular zone to the cortical plate (Hu 1999, Nguyen-Ba-Charvet et al. 2004). Although SVZ and rostral migratory stream cells also express Slits (Nguyen-Ba-Charvet et al. 2004), gain-of-function experiments with intraventricularly injected Slit, loss-of-function experiments with Slit knockout mice, and choroid plexus grafts demonstrated that CSF-borne Slit1/2 play an important role in guiding neuroblast migration to the olfactory bulb (Sawamoto et al. 2006). Collectively, these studies inspired a renewed interest in understanding how the embryonic CSF proteome might also provide instructive cues for the developing brain.

**SIGNaling from the CEREBROspinal FLUID TO DEVELOPING CORTical TISSUES**

Mass spectrometry has offered new approaches for characterizing the highly dynamic CSF proteome (Cavanagh et al. 1983, Dziegielewska et al. 1981, Parada et al. 2005a, Zappaterra et al. 2007, Zheng & Chodobski 2005). Unbiased analyses of human embryonic CSF from CS19–20 (approximately 48–51 days postovulation) together with CSF samples obtained from three distinct time points of rat cortical development—E12.5, E14.5, and E17.5—revealed developmental stage-specific similarities in the CSF proteomes of humans and rodents based on molecular function and biological process. Of the 188 proteins identified in the human embryonic CSF, 135 were identified in any one of the embryonic rat CSF samples, and 83 were present in all four samples of embryonic rat CSF (Zappaterra et al. 2007). The embryonic CSF of the chick and that of the rat also share many similarities, as both contain proteins of the extracellular matrix, regulators of osmotic pressure, ion carriers, hormone-binding proteins, regulators of lipid metabolism, and various enzymes and their regulators (Cavanagh et al. 1983, Parada et al. 2005a).

Distinct embryonic CSF protein signatures exist across ventricles, which raises the possibility of region-specific function (Cavanagh et al. 1983, Zappaterra et al. 2007). In a comparison between rat lateral and hindbrain ventricle CSF at E14.5, lateral ventricle CSF contained 61...
distinct proteins not found in hindbrain ventricle CSF (Zappaterra et al. 2007). Because similar numbers of peptides were recovered from CSF samples in each ventricle, this difference between samples likely represents distinct ventricular proteomes. Consistent with this interpretation, evidence for the active secretion of distinct morphogens by the different choroid plexi has been documented. For example, Shh is highly expressed by the hindbrain ventricle choroid plexus (Awatramani et al. 2003, Huang et al. 2009). These findings raise interesting questions regarding local signaling gradients that may be generated in the CSF.

**FIBROBLAST GROWTH FACTOR SIGNALING IN CEREBROSPINAL FLUID**

Based on these clues, recent studies have investigated whether CSF plays an instructive role in CNS development. Primary CSF, removed from the ventricles of the mammalian brain and used as culture medium, is sufficient to maintain neural stem cells in neurosphere cultures and cortical explants with no other added factors (Lehtinen et al. 2011). This ability to support progenitor cell development was greatest for age-matched CSF samples and tissues. Although all of the factors responsible for the growth-promoting effects of CSF may not yet be known, several strong candidate molecules have been implicated (Figure 4). For example, FGF2 has been identified in embryonic chick CSF (Finch et al. 1995, Martin et al. 2006, Raballo et al. 2000). Immunodepletion of CSF-FGF2 reduces progenitor proliferation to the level of negative controls, which suggests that CSF-FGF2 plays a direct role in promoting the proliferation of chick midbrain progenitors (Martin et al. 2006, Tao et al. 1997). Intriguingly, intravascularly injected, FITC-conjugated FGF2 passes into the embryonic CSF (Martin et al. 2006), which suggests that in addition to choroid plexus–synthesized factors, somatic sources of CSF-distributed signaling cues potentially regulate neurogenesis as well.

The identification of FGF2 in CSF is particularly intriguing because FGF family members play key roles in early CNS patterning, in stem cell proliferation, and as most recently shown, in the development of cilia (Iwata & Hevner 2009, Neugebauer et al. 2009). In the developing brain, signaling centers that secrete diffusible cues including FGF, Bmps, and Shh initially establish the dorsal/ventral and anterior/posterior axes (Grove & Fukuchi-Shimogori 2003). Remarkably, experimental manipulations that augment, diminish, or introduce entirely new sources of FGF8 to the developing brain accordingly affect area identity as assessed by the emergence of barrel columns in the postnatal somatosensory cortex (Fukuchi-Shimogori & Grove 2001). In the classic view of morphogens, the FGFs are generally believed to exert their effects by diffusing through tissues (Wolpert 1996), and this may be the case for FGF8 signaling (Toyoda et al. 2010). However, the apical enrichment and polarization of phosphotyrosine (Chenn et al. 1998) and phospho-ERK1/2 (Toyoda et al. 2010) activities in progenitors are highly suggestive that some growth factor signaling originates from the CSF as well.

**INSULIN AND INSULIN-LIKE GROWTH FACTOR 1 AND 2 SIGNALING IN THE CEREBROSPINAL FLUID**

The embryonic CSF also contains insulin and IGF1 and -2 (Holm et al. 1994, Lehtinen et al. 2011, Margolis & Altszuler 1967). IGF1 and IGF2 regulate prenatal growth and body size (Baker et al. 1993, DeChiara et al. 1991) mainly by binding to the IGF1R, which mediates the proliferative response (Weber et al. 1992). For example, consistent with a role for the IGF1R in the regulation of somatic size, all small dogs show a unique single nucleotide polymorphism in the IGF1R gene that is not found in the genomes of large dogs (Sutter et al. 2007). Furthermore, conditional deletion of IGF1R in neural precursors leads to microcephaly (Kappeler et al. 2008, Lehtinen et al. 2011, Liu et al. 2009). In contrast, IGF1 overexpression promotes S-phase commitment, accelerated
The cerebrospinal fluid (CSF, blue) distributes diffusible factors during brain development. 

(a) IGF2 and other factors (purple spheres) are secreted by the choroid plexus and delivered by the CSF to targets on the apical ventricular surface of the developing cerebral cortex (Lehtinen et al. 2011). CSF and CSF-FGF2 have been shown to support proliferation of midbrain progenitor cells (Martin et al. 2006, 2009). Whether similar rules apply to CSF-borne retinoic acid, Wnt, and Bmp signaling, as well as other as yet uncharacterized signals, remains to be elucidated. 

(b) Sonic hedgehog (Shh) secreted by the hindbrain/fourth ventricle choroid plexus signals in an autocrine manner to instruct choroid plexus development. CSF-Shh also signals in a paracrine manner to stimulate the proliferation of cerebellar granule neuron precursors located in the external granule cell layer (Huang et al. 2009, 2010).
cell cycle kinetics, and cell survival, leading to hyperplasia (Hodge et al. 2004, Liu et al. 2009, Mairet-Coello et al. 2009, Popken et al. 2004). IGF1 can also regulate neuronal differentiation, glial development, and cell size (reviewed in D’Ercole & Ye 2008). Downstream of IGF1R signaling, mutations of Irs2 (Schubert et al. 2003), Pdk1 (Chalhoub et al. 2009), and Pten (Groszer et al. 2001), among others, provide genetic tools for manipulating brain size.

The growth- and survival-promoting effects of embryonic CSF during neurogenesis depend in part on CSF-IGF2 (Lehtinen et al. 2011). A transient spike in CSF-IGF2 levels at mid- to late stages of neurogenesis (E16–19 in rat; E16–18 in mice) stimulates the proliferation of neural precursor cells in explant cultures of the developing cortex (Lehtinen et al. 2011) as well as the growth and maintenance of neurospheres, an in vitro model of neural stem cells (Vescovi et al. 1993). CSF-IGF2 binds directly to the apical membrane and primary cilia of cortical progenitors. IGF1R expression is also enriched along the apical ventricular surface of progenitors (Lehtinen et al. 2011). The proliferation-inducing effects of CSF appear IGF2 dependent, as gain-of-function and loss-of-function experiments in vitro in explants and neurospheres produce opposing effects on proliferation. Moreover, Igf2-deficient mice have a specific defect in the neurogenesis of the uppermost layers of the cortex (Lehtinen et al. 2011). The choroid plexus expresses Igf2 (McKelvie et al. 1992, Stylanopoulo et al. 1988) and is a source of IGF2 in the developing CSF. Other sources of IGF ligands exist, including the developing vasculature (Dugas et al. 2008), potentially neighboring cells, and perhaps even extraneural sources. Studies involving intracerebroventricular injections of IGF1, IGF1-neutralizing antibodies, and IGF1R inhibitors have confirmed that IGF signals delivered in the embryonic CSF trigger proliferative events in the cortical VZ (Mairet-Coello et al. 2009).

Although signaling from the CSF appears important in controlling apical progenitors that contact the ventricle, it is not yet known whether CSF or the apical complex regulates other progenitor populations in the cerebrum, such as the basal progenitors or OSVZ radial progenitors. Whereas the apical, radial glial progenitors maintain contact with the CSF as well as the pial surface, the OSVZ radial progenitors extend only a basal process toward the pia. The radically distinct morphologies of the several progenitor populations likely predispose them to distinct modes of regulation. For example, in contrast to radial glial progenitors, basal and OSVZ progenitors downregulate apical polarity marker expression (Fietz et al. 2010). The degree to which IGF signaling contributes to OSVZ progenitor proliferation also remains to be explored. Although OSVZ cells do not contact the CSF and therefore are unlikely to receive CSF-IGF2 as a primary proliferative cue, other sources of IGF2 including the meninges or vasculature may play important roles, or IGF2 may conceivably diffuse into the SVZ at some rate.

The effects of CSF-IGF2 are also strikingly age dependent; they are maximal when CSF-IGF2 levels are highest, near the end of neurogenesis, and continue at a lower level postnatally, but are also modest at the earliest stages of neurogenesis. Thus, IGF2 may specifically regulate one particular aspect of neurogenesis. Interestingly, insulin/IGF-like peptides secreted by glia were recently shown to stimulate quiescent neuroblasts to reenter the cell cycle in Drosophila (Chell & Brand 2010, Sousa-Nunes et al. 2011). An analogous role of IGF signaling in the mammalian brain is an interesting idea that has not been addressed.

SONIC HEDGEHOG SIGNALING IN THE CEREBROSPINAL FLUID

The transventricular delivery of secreted proteins with active roles in the developing brain extends to Shh as well. Recent evidence demonstrates that the hindbrain choroid plexus secretes Shh into the CSF (Huang et al. 2010). Shh stimulates the expansion of a distinct progenitor domain in the hindbrain choroid plexus adjoining the lower rhombic lip that does not itself express Shh but is responsive to it (Huang
et al. 2009). In addition to this novel tissue-autonomous role for choroid plexus–secreted Shh, CSF-Shh appears to be a key mitogen for proliferating cerebellar granule precursors. Shh was previously shown to be secreted by Purkinje cells (Dahmane & Ruiz i Altaba 1999, Wallace 1999, Wechsler-Reya & Scott 1999). However, Wnt1-Cre-mediated deletion of Shh in the hindbrain choroid plexus also impairs proliferation of cerebellar granule neuron precursors (Huang et al. 2010), suggesting that choroid plexus–borne Shh acts in both an autocrine and a paracrine manner to instruct choroid plexus and cerebellar development as well.

IGF synergizes with Shh signaling to promote proliferation of healthy cerebellar granule neuron precursors (Fernandez et al. 2010, Ye et al. 1996) as well as tumorigenic cells that lead to medulloblastoma (Corcoran et al. 2008, Hartmann et al. 2005, Rao et al. 2004, Tanori et al. 2010), a childhood tumor that can originate from cerebellar granule neuron precursors (Gibson et al. 2010, Gilbertson & Ellison 2008, Pomeroy et al. 2010). Although the mechanisms by which IGF2 binding to primary cilia influence downstream signaling events remain to be elucidated, Shh is well established to signal via binding to primary cilia (Corbit et al. 2005, Han et al. 2008, Rohatgi et al. 2007). Mutations in genes encoding the basal body proteins Fantom and Ofd1 cause abnormal cerebellar development (Delous et al. 2007, Ferrante et al. 2006, Vierkotten et al. 2007). Primary cilia are also required for Shh-dependent expansion of the cerebellar progenitor cell pool (Spassky et al. 2008). Additionally, mice deficient in primary cilia as a result of Kif3a, Igif88, or Stumpy deletions have profound hypoplasia and foliation defects (Breunig et al. 2008, Chizhikov et al. 2007, Town et al. 2008). It will be interesting in future studies to elucidate the mechanisms by which IGF and Shh signaling may synergize at primary cilia. Shh-dependent signaling is also implicated in the formation and maintenance of adult neural stem cells (Breunig et al. 2008, Han et al. 2008), but the source of Shh and means of distributing it in the adult CSF remain to be fully elucidated.

**RETINOIC ACID IN THE CEREBROSPINAL FLUID**

Retinoic acid (RA), a hormone signal derived from vitamin A, also acts on the developing forebrain far from its source (Chambon 1996, Haskell & LaMantia 2005, Ribes et al. 2006). The meninges are an important source of RA (Siegenthaler et al. 2009). Meningeal defects in Foxc1 mutant mice, including reduced intermediate progenitor production and diminished expansion of the neuroepithelium, are associated with impaired neurogenesis. Interestingly, these deficiencies are due to reduced RA signaling originating from the dorsal forebrain meninges (Siegenthaler et al. 2009). Because RA has been identified in CSF (Lehtinen et al. 2011, Parada et al. 2008, Redzic et al. 2005), and RA synthetic and catabolic enzymes are expressed in the choroid plexus as well as the meninges (Lehtinen et al. 2011, Siegenthaler et al. 2009), meningeally derived RA may reach the neuroepithelial cells via the lateral ventricular CSF as well as by crossing the cerebral mantle. However, the roles of meningeally derived RA suggest the remarkable range of mechanisms by which signals at both the basal process (Konno et al. 2008, Radakovits et al. 2009) and apical process may play key roles in the maintenance of the apical progenitors, as well as potentially the OSVZ, during neurogenesis (Fietz et al. 2010, Hansen et al. 2010, Reillo et al. 2011).

**OTHER POTENTIAL SIGNALING ACTIVITIES IN THE CEREBROSPINAL FLUID**

It remains an open question whether other secreted factors that act on the forebrain also act far from their source by diffusing through the CSF. The Wnt signaling pathway plays a fundamental role in regulating early development of the CNS (Freese et al. 2010, Wang & Wynshaw-Boris 2004, Zhou et al. 2006), and apical process may play key roles in the maintenance of the apical progenitors, as well as potentially the OSVZ, during neurogenesis (Fietz et al. 2010, Hansen et al. 2010, Reillo et al. 2011).
GBM: glioblastoma multiforme

are also present in the CSF (Lehtinen et al. 2011). Consistent with the coordination of Bmp signaling by the choroid plexus-CSF system, growth and differentiation factors 3 and 8 (Gdf3 and Gdf8), both members of the TGF-β superfamily of proteins that can modulate Bmp signaling (Levine & Brivanlou 2006), have been identified in CSF (Lehtinen et al. 2011).

**POTENTIAL CLINICAL IMPLICATIONS**

Dysregulated Shh signaling is central to medulloblastoma progression (Gibson et al. 2010, Goodrich et al. 1997, Pomeroy et al. 2002). Shh and IGF signaling synergize to promote cerebellar granule precursor proliferation (Fernandez et al. 2010), for example through stabilization of N-Myc (Kenney et al. 2004). Pten deletion in mice with constitutively active Smoothened also enhances medulloblastoma tumorigenesis (Castellino et al. 2010). Because transventricular delivery of Shh supports the proliferation of cerebellar granule neuron progenitors (Huang et al. 2010) and CSF-IGF2 promotes proliferation of neural stem cells, CSF-borne Shh and/or IGF ligands, among other factors, may serve to exacerbate medulloblastomas.

IGF2 and other diffusible growth factors that drive PI3K signaling and neural progenitor proliferation during development are upregulated in some glioblastoma multiforme (GBM) patient tumors as well (Louis 2006, Soroceanu et al. 2007). Some GBM patients also have elevated CSF-IGF2 levels, and high lumbar CSF-IGF2 levels correlate with more advanced or lethal disease (Lehtinen et al. 2011). Moreover, CSF obtained from patients with GBM stimulates neural stem cell proliferation in an IGF2-dependent manner, suggesting that GBM CSF-IGF2 may act in a general autocrine as well as paracrine manner on putative tumor cells. The Shh and IGF2 data suggest the intriguing speculation that the protein content of the CSF may represent a brain tumor risk factor.

IGF signaling in the CNS has been implicated in a remarkable diversity of processes, including longevity and aging (Kenyon 2010) and axon outgrowth (Ozdinler & Macklis 2006), and IGF2 was recently shown to promote memory consolidation and enhancement (Chen et al. 2011). These diverse functions raise provocative questions about how the availability of IGF ligands in CSF may regulate postnatal neurogenesis as well as these other functions. Given the active role of CSF in instructing neurogenesis in the developing cortex, modulation of the proteomic composition of the CSF may provide new and unanticipated ways to regulate the CNS in health and disease.

**CONCLUSION**

Recent work from many labs suggests a reevaluation of the role of cell-intrinsic and cell-extrinsic cues during neurogenesis in the developing cerebral cortex. In addition to regulating progenitor proliferation, the apical complex appears to regulate cell survival and primary cilia. The cell polarity imparted by the apical complex allows for an enrichment of growth factor receptors along the apical surface of cortical progenitor cells, which strongly suggests that progenitors selectively sample the CSF for diffusible signals that instruct neurogenesis. Indeed, compelling evidence from several brain regions and different species supports a new model in which diffusible signals distributed by the CSF support the growth and survival of the developing brain (Figure 4). Collectively, these findings suggest that the embryonic CSF forms an integral component of the embryonic neural stem cell niche. Because the apical complex polarizes neural progenitor cells and helps anchor them to the ventricular surface, one possibility is that the apical complex may control neurogenesis by regulating progenitor access to the growth-promoting factors that circulate in the CSF. Although initial studies are exploring the active role of the CSF in the adult CNS, whether the CSF plays an essential, active role in maintaining adult neurogenesis and the health of the adult CNS, as well as whether it contributes to the pathogenesis of disease, remain open questions.
SUMMARY POINTS
1. Apical complex proteins are necessary for progenitor cell proliferation.
2. The apical complex is also critical for cell survival.
3. The apical complex allows neural progenitor cells to integrate cell-intrinsic and cell-extrinsic signals.
4. The apical complex may regulate neuronal differentiation by controlling progenitor access to the CSF.
5. The CSF is a rich and dynamic source of proteins for the brain.
6. The enrichment of growth factor receptors along the ventricular surface of the developing brain allows progenitors to receive signals distributed in the CSF.
7. Embryonic CSF provides growth- and survival-promoting factors to the developing brain.
8. The active distribution of diffusible signals in the CNS may extend to the regulation of CNS diseases including brain tumors.

FUTURE ISSUES
1. How can we better understand the sources and regulation of CSF-distributed factors?
2. How might local gradients and ventricle-specific CSF composition influence the development and functioning of distinct brain regions?
3. Do CSF-distributed factors play an active role in instructing adult neural stem cells as well?
4. Brain development is typically considered to take place independently of development in the rest of the body. Given the role of CSF in guiding development and the distribution of extraneural signals therein, to what extent do signals originating outside the CNS actually influence CNS development and maintenance?

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Institute. The content is solely the responsibility of the authors and does not necessarily represent the official views of the NINDS or the NIH.

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